



CATALYST TIMETABLE

SEPTEMBER 2020 - OPEN GYM

| | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 | 11:30 | 12:00 | 12:30 | 13:00 | 13:30 | 14:00 | 14:30 | 15:00 | 15:30 | 16:00 | 16:30 | 17:00 | 17:30 | |
|-----------|------|-----------------|------|------|------|-------|-------|-------------------|-------------------|-------|-------|-------|-------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------|-------|--|
| MONDAY | | 7:45am - 9:00am | | | | | | 10:45am - 12:00pm | | | | | | 13:30pm - 15:00pm | | | 15:00pm - 16:30pm | | | | | |
| TUESDAY | | 8:00am - 9:00am | | | | | | 10:30am - 12:00pm | | | | | | 13:30pm - 15:00pm | | | 15:00pm - 16:30pm | | | | | |
| WEDNESDAY | | 7:45am - 9:00am | | | | | | 10:30am - 12:00pm | | | | | | 13:30pm - 15:00pm | | | 15:00pm - 16:30pm | | | | | |
| THURSDAY | | 8:00am - 9:00am | | | | | | | | | | | | | | 14:30pm - 16:00pm | | | 16:00pm - 17:30pm | | | |
| FRIDAY | | 7:45am - 9:00am | | | | | | | 10:45am - 12:00pm | | | | | | 13:30pm - 15:00pm | | | 15:00pm - 16:30pm | | | | |